



Monday 9th of September 2024

Our ref: HEB/sjt

Dear Parent/Carer,

Re: PSHE sessions

Safeguarding our students is paramount to everything we do at St Bernard's. Open Road Southend have supported the school for a number of years now and have led educational PSHE sessions on drugs and alcohol prevention. They have also covered exploitation, online safety and County Lines educating our students on the risks and dangers.

Open Road will be leading assemblies to Years 8-13, with the Head of Year present week commencing the on the 16th September. Students will have the opportunity to meet the link worker for our school before PSHE sessions later in the academic year.

The service is now offering 1:1 sessions with students and this will be a 'drop in' service at school once a fortnight. If your child would like to talk to someone or ask questions if they are worried about anything, they can make an appointment via their Head of Year.

In today's society where our young people face so many different obstacles including the risks associated with social media, we are very grateful that this service is now available.

If you do not give consent for your child to attend a 1:1 session, please can you let the school office know, and the Head of Year will keep note of this information. If you require any further information, please do not hesitate to contact me.

Your sincerely,

Mrs. H Barnes

Deputy Head