Dear Parents and Carers,

Welcome to our latest newsletter, which will be our final edition for this term, and for the calendar year.

You will be able to read about the variety of activities and experiences which our students have enjoyed. Indeed, in many cases, you will see a strong element of student leadership, and this is important: we aim not just for the highest academic outcomes, but for our students to change and lead in our society.

My thanks as ever go to Mr Walls and to all the staff and students who have contributed to our newsletter. I hope that it is an informative and enjoyable insight into life at St Bernard’s.

Yours faithfully

Mr A Sharpe
Head Teacher
Love one another as I have loved you

SSPIRITUAL & MORAL

Lord of all hopefulness, Lord of all joy,
Whose trust, ever childlike, no cares could destroy,
Be there at our waking, and give us, we pray,
Your bliss in our hearts, Lord,
At the break of the day.

Lord of all eagerness, Lord of all faith,
Whose strong hands were skilled at the plane and the lathe,
Be there at our labours and give us, we pray,
Your strength in our hearts, Lord,
At the noon of the day.

Lord of all kindness, Lord of all grace,
Your hands swift to welcome, Your arms to embrace,
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord,
At the eve of the day.

Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence is balm,
Be there at our sleeping, and give us, we pray,
At the end of the day.

(Jan Struther, Songs of Praise, 1931)

THE SEASON OF ADVENT

By Mrs T. Abel, Head of RE

Advent comes from the Latin word meaning "coming." Jesus is coming, and Advent is a waiting time, a season of expectation. The Church calls Christians to be open to the mystery of God revealed in Jesus.

Advent is also a preparatory season. It has significance because it is a season of looking forward and waiting for something greater; both for the annual celebration of the event of Christ's birth, and for the time when Christ will come again.

In school we have been counting down the time until the celebration of Jesus’ birth in our weekly Advent services, lighting a candle each week in anticipation of his coming, and this will culminate in our whole school Advent service at the end of term.
MAKING THE ‘COMMON GOOD’ A REALITY IN THIS YEAR OF STEWARDSHIP
By Mr Walls’ General RE group, Year 12

The ‘common good’ refers to either what is shared & beneficial for all members of a given community, or alternatively, what is achieved by citizenship, collective action, and active participation in the realm of politics and public service. It also demonstrates the idea that you may have to put the needs of others before your own or may even be in a minority because of expressing an opinion simply because it is the right thing to do.

Pope Francis’ encyclical on ecology, *Laudato Si*, argues that as a universal family, who are “woven together by the love God has for each of His creatures”, we must accept the world as a “sacrament of communion”, showing love for the world as a way of sharing with God and our neighbours.

We need to question our human fallibility to take God’s creations for granted. We need to show the world the love that we would show the poorest & real change, in a more individualised society, will come only when we “authentically open our hearts to universal communion”.

This sense of fraternity excludes nothing and no-one. This should inspire us to make sustainable choices, harnessing our power to shift attitudes by acting as responsible stewards of creation, resulting in a ripple of hope, which is harnessed for the common good.

This encyclical focuses on the need for action when it comes to the environment and covers several of the main issues that challenge us today: pollution and climate change, loss of biodiversity, the breakdown in society & global inequality.

Pope Francis discusses how humans are the root of all the environmental deterioration, changing the beauty of the natural world. The Holy Father maintains that we must use our good will and free time to improve the way we live, for instance, by volunteering to pick up litter and being an advocate for renewable energy. Through such actions we will replace selfishness with selflessness.
Each of us must change our day-to-day actions and begin to live more sustainably. On a larger scale, our leaders must be held to account. Solving climate change means protecting the planet and vulnerable people. Faith can guide us; the problems are huge, but hope remains if we act with honesty and love.

*Humanity still has the ability to work together in building our common home... Truly, much can be done!*

The ‘common good’ tells us then what we should do that is considered morally right for our world and to care for our common home. We have a duty to look after the planet for the next generations, or there will be nothing left for them.

Our common home is like a sister with whom we share our life and a beautiful mother who opens her arms to embrace us.

To do this, we must transform the consumerist society we have created. We are called to defend and preserve the dignity of our fellow citizens and we all have a role to play; none of us should avoid the responsibility God has given us.

Pope Francis reiterates that we are all made of the same Earth and goes on to imply how we are all connected spiritually. We are a universal family and we live in a common home that God has entrusted to us. In this, we are caring for both the world and the quality of life of the poorest.

It is essential to show care towards the indigenous communities and their cultural traditions as they are not merely one minority among others but instead a part of a bigger community.

Their voices should be heard when project proposals are made affecting their land as they know best how to respect and care for it. Not only is this earth a common good but the climate is also, belonging to all and meant for all because natural disasters are becoming more frequent, when they occur it affects the most vulnerable communities the hardest.

Pope Francis calls for nothing less than an ecological conversion, since through the mistreatment of the earth, we are mistreating the gifts given by God. Indeed, we have come to see ourselves as her lords and masters, entitled to plunder her at will.

Instead, the encyclical insists that we ourselves are made up of her elements, and therefore, as proposed in Mark 12:31, in the story of the greatest commandment, ‘Love your neighbour as yourself’, we should treat earth as we treat ourselves, with dignity, merit and worth.

Through referring to the main principles of the encyclical, individuals can adapt this to the ‘common good’ by all playing a small role in the improvement of our common home; the earth.
Building A Good Society
By Juliet Kilpin,
Development Organiser, Southend Citizens

Have you ever thought how great it would be if society was fairer and more just?

Or if people got paid enough so they didn’t have to use foodbanks and could access mental health support when they most need it; if everyone could access services regardless of their differences and could afford to take time off work to spend with their families?

Well, if this is you, there are lots of people in schools, churches, mosques, synagogues, clubs and associations who think the same. These groups are part of ‘civil society’. There are many people who are important decision-makers who also feel the same, but sadly some who don’t.

Those in authority who do seek goodness, equality and justice need people like you and me to speak out to help them make the right decisions. And the way we can make our voices loud enough to be heard is to organise together across civil society.

Gregory was a pupil at a school in East London. He wanted to make sure that when part of his community was demolished to make way for the Olympic Village that local people would get jobs that paid a decent wage. He linked up with his local Citizens Alliance and together they built enough power to show they had a voice. They then had meetings with Lord Sebastian Coe and eventually it was agreed that local people would get most of the jobs and the whole site was declared a Living Wage Zone. This was a massive victory!

Hasina wanted her Bengali friends and others to be able to swim in a female only pool. Some supported this because of religious reasons, others because of body-image concerns. She worked with members of her local Citizens Alliance in Colchester to get a meeting with the managers of their local pool.

It was difficult for the managers to ignore a group of strong women from different backgrounds – Muslims, Christians, Sixth Form teachers, pupils and uni students. Following many conversations around the table, next month they will enjoy the first entirely female-only swimming session in Colchester. Another victory!
Jesus called his followers to love their neighbours and seek the wellbeing of their communities. An Alliance of civil society is growing in Southend and you can be part of it. Together we can address the local issues that concern you. If you would like to learn more or get involved contact me on Juliet.kilpin@citizensuk.org or message me on 07535 144308.

CHILD REFUGEES GIVEN SANCTUARY IN SOUTHEND FOLLOWING PLEA BY ST BERNARD’S HIGH SCHOOL STUDENT

Thanks to this teenage refugee who asked Conservative Southend-on-Sea Borough Council to make a pledge on #OurTurn campaign.

CHILD refugees will be given sanctuary in Southend following a passionate plea from a 15-year-old Syrian girl.

Councillors pledged to allow three refugees each year to come to the borough following an appeal from 45 faith leaders in Southend from across the religious spectrum.

The teenager, who has been living in Southend for two years after fleeing war, asked the council to join the Our Turn campaign, before receiving a round of applause.

She said: “I am a 15-year-old refugee from Aleppo in Syria and I have been welcomed and cared for in Southend over the last two years because of a decision made in this room not long before that.

“I cannot tell you how grateful I am for this welcome.

“A little over three years ago, Alan Kurdi, a three-year-old Syrian refugee, drowned because he had no safe and legal route to sanctuary in Europe.

“The lives of more than 9,000 people fleeing war and persecution have been lost in the Mediterranean since that little boy’s death.

“This autumn Britain will commemorate a more hopeful anniversary.

“Eighty years ago, the UK Government launched the Kindertransport rescue operation that saved 10,000 refugee children from Nazi persecution.

“The Archdeacon of Southend, the Rabbi of the Southend and District Reform Synagogue, the Imam of the UKIM Southend Mosque, as well as 42 other leaders of faith have signed an open letter calling for this council to pledge to give sanctuary to three child refugees for the next ten years.

“Will you give your backing to this campaign, ensuring Southend’s reputation of being a compassionate and welcoming place continues to grow?

“Councillor Helen Boyd, cabinet member for children and learning, told the council they will back the pledge on the condition that the Government approves and funds the campaign to bring 10,000 child refugees into the UK.

“She said: “Southend Council will continue to offer support and placements for child refugees coming into the UK.

“We have already been working with other local authorities in the eastern region to ensure vulnerable children brought into the UK through the national transfer scheme are settled quickly into new families and communities.

“This scheme has seen increasing numbers of child refugees given a home and the regional approach was put in place with the full support of cabinet.

“Notwithstanding that existing commitment, we will support the campaign to give sanctuary to three child refugees per year.”

“Our Turn is a campaign for every council to take three refugees a year for the next ten years in an effort to bring a total of 10,000 child refugees to the UK.

SOURCE: THE ECHO
“I am a 15-year-old refugee from Aleppo in Syria and I have been welcomed and cared for in Southend over the last two years because of a decision made in this room... I cannot tell you how grateful I am for this welcome.”

The Council will now give refuse to 30 unaccompanied children, as a result of this campaign.

INSPIRATIONAL STUDENT & AWARD WINNER
Abridged from The Safe Passage Team, Citizens UK

Congratulations go to Nouran Tohmeh for her “Our Turn” letter which has been selected as one of our winning entries in a very stiff competition reflecting on the 80th anniversary of the Kindertransport, which was responsible for saving so many youngsters during the Second World War & Holocaust. The Committee decided that Nouran’s letter stood out due to her empathy & understanding of the character ‘Lili’s’ journey' Nouran conveyed all our good wishes with her at the 80th anniversary event in London to remember, commemorate and celebrate the Kindertransport. At the event, 1,000 Our Turn supporters, including Kindertransport survivors, child refugees, senior public figures, charities and civil society came together to honour Kindertransport survivors and celebrate the role communities played in assisting child refugees to reach protection both then and now.

ST. BERNARD’S: A PERSONAL HISTORY
By Jean Hodges (nee Barber), Ex-student & Centenarian

Jean has kindly written this biography of her life to share with the students of St Bernard’s and our wider community of friends. The biography takes us from Jean’s birth until the death of her husband, Ben, in 1997.
I was born on 22nd September 1918, in the front bedroom of 2 Lawn Villas (now 21 The Avenue) in Hadleigh, Essex. My mother was Jane Annie Barber (nee Cullum) and my father was Leonard Charles Frederick Barber. My paternal grandmother, Mary Jane Barber, who lived at Brookside Beech Road, Hadleigh, was present at my birth. Also, there was Nurse Baker, the midwife for Hadleigh, who was trained at The Mother’s Hospital, a Salvation Army Maternity Hospital located at 153-163 lower Clapton Road, Clapton, London, E5.

Nurse Baker had to send for Dr Grant to come from The Chestnuts at Victoria House Corner. He used forceps to deliver me. I was born at 3.40pm on a Sunday. I was born 2 months before the Great War ended. My father was in the Field Artillery at Weedon in Northamptonshire and didn’t see me until I was a week old.

When I was six months old, Mum and Dad took me to Diss in Norfolk to see my maternal grandmother, Laura Jane Cullum. She lived at 43 Denmark Street, Diss, with Auntie Dorothy Lily Cullum (who always said she was 21 when I was born). Auntie Fanny Nellie Cullum was a cook at Royden House and came home for her free time.

My father was a Salvationist and we worshipped at The Citadel on the Colony down Castle Lane.

In 1923, when I was 5, I started at Hadleigh School in Church Road, Hadleigh. I was there until the age of 11, leaving in the Summer of 1929. I then obtained a scholarship to attend St Bernard’s High
**School**, a girls’ school run by Roman Catholic nuns in Milton Road, Westcliff-on-Sea. I left St Bernard’s in 1935 at the age of 17 and started work at the Salvation Army Assurance Society in Queen Victoria Street, London. My father knew the manager there and I commuted by train every day.

In 1935, my father had an accident on a motorbike and injured his leg. As a result, he decided to worship at St James the Less Church as it was nearer. He eventually became the Church secretary.

After the outbreak of World War II in September 1939, I was evacuated to Caversham, a suburb of Reading. I lived in lodgings and continued to work at the SA Assurance Society. In 1941, I started training to become a Salvation Army officer at Denmark Hill in Camberwell, London. After completing 9 months of training, I was posted to New Southgate as a probationary lieutenant, overseen by an Adjutant, staying there for about 9 months. I was then posted to Hereford, staying there a short while before going to Kings Cross and Pentonville, before being appointed to Newington Green as the sole leader. I stayed there for 2-3 years and then moved to a small corps at Childs Hill near Hendon, again as sole leader.

In 1948, owing to ill-health, I went back to the family home at 2 Lawn Villas. After 6 months convalescence, I decided to resign as a Salvation Army officer and went to work for the Ministry of Pensions & National Insurance at London Hill in Rayleigh. I met my husband, Ben Hodges, whilst working in the Rayleigh office and I worked there until we were married on 11th February 1956 at Hadleigh Congregational Church.

Our son, John, was born on 1st September 1959. John attended Hockley Primary School and Greensward School.

In 1965 my parents moved from the family home to Brookside in Beech Road. Three years later, in 1968, my mother died at the age of 68. In 1983, my father died at the age of 94. A new wooden font cover was donated to St James’ in his memory.

Five years earlier, in 1977, Ben retired from the Ministry of Pensions & National Insurance. I was married to Ben until his death in 1997 at the age of 85.
St Bernard’s School Song....From 1930

Sing with the house that we all love so dearly
St Bernard’s the home of our lives for these years.
Sing loudly and clearly and pray it may flourish
For many long years.

Long may St Bernard’s reign
Sing this song again
And think of the joys we have in these walls
Sing out the song of yore,
Echo it loud and clear
And pray it may flourish for many long years.

“St Bernard’s forever!” shall ring through these halls
And when the days of our learning are ended
May happy St Bernard’s ‘oft sing it again.
Sing out the song of yore
And echo it loud and clear
“St Bernard’s forever!”
Shall ring through these halls.

A Christmas Prayer
Recalled from the ages by Jean Hodges

May it be Christmas in your heart this day,
May the great love that beckons all mankind
Become for you the life, the truth, the way,
The star that burns for ever in your mind!
When, as it must, the snow begins to melt,
When the red berries, one by one, have died,
Shall we remember how the Wise Men knelt?
Or how God’s love is often crucified?

May you remember Christmas when the sun
Comes pouring through the leaves at Summer’s height;
Or when some distant busy day is done
And the first star grows faintly on your sight!
May you remember Christmas in the rain!
Or Christmas in the labyrinth of years!
May you remember Christmas in your pain,
And Christmas in your joy and in your tears.

If, when we take a little flame to start
The steady candles on the tinselled tree,
There could be, too, a candle in the heart
To burn and burn for all the world to see!
How it would spread! That light – how it would, then,
Turn its bright beams upon the way ahead,
Searching for Christmas in the hearts of men,
Searching for life in places that were dead!
THIS, then, my gift; and this my wish for you,
Not you alone – but all whom you hold dear:-
That there may be a Christmas running through
The threads of this and every other year.

Emmanuel – God with us – always
INTERVIEWS WITH JEAN HODGES
By Roisin Morgan & Trish-Mary Akaluka , Year 7

On Monday 3rd December, we went to a local care home with Mr Robinson & Mr Walls. Below are the questions that Morgan & Trish-Mary asked Mrs Jean Hodges.

In what year did you start St Bernard’s? Why did you choose the school?
ANSWER: 1930, I got a scholarship to attend the school. On the old school badge was the Latin “Ora es Labora”, meaning “Work & Pray”. The Head Teacher at the time was a nun, Madame Mildred, who was ‘tall & stately’. We didn’t have merits, but badges encouraging students to be well-behaved.

Can you remember what form you were in?
ANSWER: Upper 2a

What were your favourite subjects at school?
ANSWER: History & Scripture were the best & I liked to play hockey and tennis. But, I didn’t much like Maths.

What was your favourite book you read at school?
ANSWER: I liked to read Ivanhoe. At school all the girls had to read a different book each week & they had to learn a poem too.

Were you at school during World war 2?
ANSWER: No, but I was a salvation army officer.

What was your fondest memory of St Bernard’s?
ANSWER: I have had so many that just one doesn’t stand out.

What was it like without the technology of today?
ANSWER: We used typewriters at the time, we were used to it.

Were all the teachers Catholic during your time at the school?
ANSWER: Yes, all but one of my teachers, she taught Maths.

What were your ambitions & have you fulfilled these?
ANSWER: I wanted to be a History teacher but sadly did not fulfil that dream.

SOCIAL & CULTURAL
CENTENARY COMMEMORATION
By Mrs E. Rix, Head of History

On Friday 9th November, the whole school came together in a wonderful act of remembrance to commemorate the centenary of the Armistice. The assembly was a collaboration between the History, Drama, Dance, Music & English departments.

Charis Tetteh, Isla Kateley & Peace Rotimi-Fabolude (9M) solemnly read the poem ‘The Soldier’ by Rupert Brooke, before a dramatic interpretation of Wilfred Owen’s Dulce et Decorum Est, was performed by the winners of the Inter-House Drama competition, Fountains. The
congregated assembly then viewed video images from conflicts since WW2 - a stark reminder that unfortunately, the First World War, was not, as many people called it, ‘the war to end all wars’.

The Sixth Form Drama & Theatre students then treated the audience to a piece that they had devised from ‘Journey’s End’, entitled ‘Letters’. This performance focused on the impact that war had on individuals, both on the front line and at home, demonstrating to us how devastating the war was to relationships between friends and family. The hall was then moved to tears as the St Bernard’s Dance Company gave a stunning performance of ‘The Fallen’: beautifully choreographed by Mrs Alexander, this piece used images from the war as stimuli for key sections of the dance and we were drawn into the emotion of the farewells to loved ones, joining a regiment, training and eventually climbing ‘over the top’ in battle where, of course, many soldiers lost their lives. The final moments of the routine concluded with the students holding red chiffon material to make poppies- a beautiful, yet sobering image.

The Last Post was played by Mr Robinson, leading students and staff into a 2 minutes’ silence to remember those who gave their lives for our freedom, both in the First World War and conflicts since. The Assembly concluded with the Sixth Form vocal group singing ‘Where have all the flowers gone?’ which contained some wonderful lyrics and was a perfect choice to end the commemoration.

I would like to thank all the departments and students that helped make this assembly so special...

‘At the going down of the sun and in the morning, we will remember them’.

AT THE CENOTAPH
By Catryn Thomas, Head Student

On Remembrance Sunday I had the pleasure, along with the rest of the Head Student team, to represent the school and lay a wreath at the Commemoration service held at the Southend-on-Sea Centotaph.

Huge numbers gathered along the promenade, all there to remember those who lost their
lives for our today. Standing amongst the other schools, the masses of armed service representatives and political & religious authorities, I felt an immense pride to have been afforded this honour to be part of such an important and moving event.

A parade began the service, ending with the chiming of Big Ben – piped in live from London. Hymns were sung throughout, including ‘Abide With Me’ and ‘I vow to thee my Country’, the voices of the crowds ringing out so beautifully as people began to walk up to the Centotaph and lay their wreath of poppies. It struck me that there must have been people in the crowd that would never sing in public, people of all different religions and backgrounds, yet we all stood together in solidarity.

The speech by the Mayor’s Chaplain, Rev. Louise Williams, reminded us of the sacrifices made not just by the fallen in WWI but of all the wars, past and present. She quoted the wartime poet Vera Brittain, an English nurse, writer and pacifist who wrote about her experiences during the First World War.

In commemoration of her brother Edwards’ courage in the battle of the Somme, for which he was awarded the military cross, she wrote a poignant poem entitled “To my brother” which begins with the words:

‘Your battle-wounds are scars upon my heart’.

Edward died 4 days after she wrote it and was never able to hear the words. Rev. Williams laced this image of ‘scars upon our hearts’ into a prayer calling for peace for those alive today carrying the wounds of war, physical, mental and spiritual, day by day – many decades and years after the bombs ceased to fall.

"The wounds are borne by those who fight and by those that wait and watch and weep."

She reminded us of our own faith, our Christian need to trust in a God who walks beside us ‘through the valley of death’ – words of the bible read by thousands of soldiers and sufferers of wars past and present, across continents and in many languages.

Once again, as the words rose up into the crisp morning air and through the crowds, we were each joined in that moment to those soldiers reaching out for God in times of distress or fear.

‘Greater love has no one than this: to lay down one’s life for one’s friends.’ (John 15;13)

Rev. Williams reminded us of the sufferings of Jesus, a man just like all those who fell during the wars, that was ‘fatally wounded of out love for the world’ and died showing us a new way to live. She called to us all in our daily lives to strive for this world; to live a way of justice, peace and compassion, respect and kindness. This self-offering of his only Son is a sign that God shares in the woundedness of this world: ‘that the scars on the human heart, caused by war are scars on his heart, a heart of love’.
As she spoke, the profundity of the day and all it represented truly hit me. She extended the prayer for God to govern the hearts and minds of those in authority, to give them the ‘Wisdom to know and courage to do what is right’ so that the world over can live in security and peace. We prayed not just for those fallen but, as Rev. Williams put it, for “those whose faith in God or humanity has been weakened or destroyed”. For, despite all its horror we know that WWI was not the war to end all wars, nor was its sequel. The battle for justice, peace and freedom continues and we all play a part in supporting those who fight, but also in our own lives, in creating that world of peace for which lives have been sacrificed.

It would be all too easy to simply move on with our lives until next year when we will all again stand in silent remembrance. However, each day on my way to St. Bernard’s I walk past the Centotaph and see the wreaths that were placed. The words may be slightly distorted by the elements, but their message remains still. We may not be wearing our poppies every day, but we still carry with us their sacrifices and, as Rev. Williams reminded us so eloquently:

“We have a challenge today. If today is just about looking back, then we reduce that self-offering to nothing but nostalgia, touched by the emotion of the moment but remained unchanged. Today is an opportunity to renew our commitment to peace and justice, to build a better, more generous world; to reflect on our world, nationally, politically but also our own personal worlds. We need to keep our desire for generosity and peace in the world burning in our hearts, despite our day to day tribulations big and small…

Don’t let it be forgotten for another year.”

https://www.youtube.com/watch?v=u4sGFViiEos
SOUTHEND 2050
By Daria Maciejewska, Year 9

Students were recently invited to participate in a Curriculum Extension Challenge, inspired by a local government initiative & designed to enhance creative thinking skills. Learners were asked to consider what Southend in the future may look like, either by writing a letter from their future self, exploring their life & the town in 2050, or by creating a poster promoting Southend in the year 2050.

Here are some of the key considerations & predictions from the winning entry, by Daria Maciejewska:

“There are so many more human-beings alive”
“Computers are so much cheaper & so much more advanced”
“More of us are old; I think one in every six people on earth are over 65”
“Governments are having a hard time figuring out how to care for them”

“People live longer, they have more age-related diseases”
“Thankfully, medicine is also now more advanced”
“Energy is becoming cheaper & cheaper”
“Solar power now generates as much as 27% of the world’s energy”
“It has become the world’s largest source of electricity”
“There’s less litter & people are more serious about recycling”
“The worst consequences of climate change are still happening”
“The rates of flooding & drought have begun to increase”
“This has exacerbated food & water shortages”
“Some parts of England are looking more like the Roman times, which is sort of cool to bring the past again!”

Music at the Cliffs Pavilion
By Mrs F. Maltby

Congratulations to the Orchestra for providing an excellent variety of Christmas music in the Cliffs Pavilion foyer on Wednesday 12 December. We were well supported by family, friends and staff, with positive comments from the general public who were there.

I would like to take this opportunity to thank members of the Orchestra and Miss Bragg for the hard work and commitment they have shown. I am looking forward to coming back to concerts to hear the Orchestra in the coming years – I have really enjoyed working with you.

Wishing you all a very happy Christmas.

Mrs Maltby
LUCKY LADIES AT LEGOLAND
By Rosie Clark, Year 7

Year 7 were lucky enough to go on a spectacular trip to Legoland (the land of bricks) where we participated in a robot workshop: here the robots were in space we had to pick up satellites and other broken-down robots who couldn’t make their way to the space shuttle. At Legoland there were carefully crafted builds that looked like they took years to make, like the Pharaoh that was taller than a block of flats! There was a mini land with the queen, London eye and other famous attractions that we all know, it was the detail that made it stand out like the mums pushing babies in pushchairs and little stained glass-windows with knights and princesses with horses. We went on rides too, Mrs wood ‘enjoyed’ the pirate ship one… but in her defence everyone screamed. When we finished the workshop we all got a pop badge and certificate. A terrific trip & lots of fun!

JACK PETCHEY NEWS
By Mr P. Walls, Assistant Head Teacher

The September Award goes to a Year 10 student (above, with Mrs O’Brien) for the support she has given to the PE Department in helping organise & train the Netball squads in the Lower School. The October winner (above, with Mrs Barnes) also hails from Year 10 & receives recognition for her remarkable community campaigning. The November Award goes to Phoebe Hines (Year 9), a really worthy winner for the way she continually inspires her peers by her boundless energy for life and its opportunities, despite facing health issues.

YOUTH PARLIAMENT NEWS

This year’s Make Your Mark campaign was one of the largest youth consultations of its kind in UK history, with 1 in 5 of all young people aged 11-18 taking part. On 9th November, the Members of Youth Parliament debate the 5 topics, chosen by over 1.1 million young people all over the UK in the Make Your Mark ballot, and decide on two campaigns for next year. These two campaigns will then launch on 26th January 2019.
This year’s debate is due to be chaired by John Bercow MP, Speaker of the House of Commons, who has chaired every debate in the House of Commons since their first sitting in 2009. The five issues that have been prioritised are: (1) Put an end to knife crime (2) Mental health (3) Equal pay, equal work (4) Tackling homelessness & (5) Votes at 16

OXFORD RUN
By Mrs O’Brien, Assistant Head Teacher

On a bright, cold morning early in October I set off amidst the towering spires and Romanesque buildings of Oxford on my bid to complete my first half marathon race. I may have worried slightly when I realised we had already covered half a mile just in getting from the race village in University Parks to the start line on Broad Street but once there I was ready for the off!

And what a place to run... The course starts near Trinity College and the Clarendon building and only gets more impressive from there. I passed my favourite building, the Oxford University Museum of Natural History, and resisting temptation to run in for a quick peak, I carried on up to the charming village of Old Marston. Overtaking the inflatable unicorn (!), I passed the River Cherwell and gathered speed around Oxford University’s Lady Margaret Hall. I’m told the door and lamp-post that gave C.S. Lewis the inspiration for Narnia was somewhere close but alas, I didn’t have time to find it- I was on a mission to get to that finish line!
As I neared the finish, the streets were lined with cheering crowds and I continued to pick up my pace. What a great day! All the best parts of humanity were on show - resilience, determination, courage, support, and of course a great sense of humour from those of us nearer the back! My goal was to run the whole way and finish upright and with a smile on my face and I did it.

I was left feeling both accomplished and cultured and just a little bit achy. Thank you to the volunteers who helped on the day, all of those who sponsored me and to all those who helped raise money for The Alzheimer’s society including the wonderful staff and students at St Bernard’s.

**DIVING SUCCESS**

*By Rebecca Bull, parent*

During October, Luana Bull (Year 8) attended the Swim England East Region Club Championship and competed in a range of diving events. She attained 4th place (out of 34) on 1m, 7th place (again out of 34) on 3m and 5th and 4th place in her synchro on both 1m and 3m. This is an amazing achievement for her as she was competing against youngsters who are elite athletes and on huge training hours per week. Her coach is extremely proud, as are her family, and we wish her luck in her forthcoming competitions during November which sees her travelling to Southampton and Sheffield.

**IRISH DANCING**

*By Mary Conway, Year 10*

I have been Irish dancing since the age of five and started competing about eight years ago; during that time I have gone from a small dancer and enjoyed attending one class a week as a hobby, to dancing a minimum of 10 hours a week and it has become more of a lifestyle. I now compete at international level with dancers from all over the world. The biggest competition each year is the World Championships followed by the All Irelands, Great Britain’s and North Americans. In my age group there can be up to 200 competitors.

At competitions I dance two different dances: one in heavy shoes, like tap shoes, the purpose to make rhythm & sound to complement the live music; the other is a light shoe, more like a ballet shoe, the objective is to be high on your toes, light, graceful and bouncy. Panels of up to seven judges mark each dancer on their technique, flexibility, rhythm, style, sound and appearance. At international competitions, the total marks from the two rounds are put together and a smaller number of dancers with the highest scores, return to dance again, this time dancing an individually choreographed piece. All the marks are put together giving the overall result.

Mary Conway (Year 10), traditional Irish Dancing
Over the past few years, I have danced at competitions all over the world: The World Championships, All Irelands, Great Britain’s, British Nationals and Scottish Nationals. Next year I hope to attend the All Irelands, followed by the World Championships (held in North Carolina) and the North American Nationals (in Vancouver). Dancing at this level has given me the opportunities to travel to amazing places and compete against and train with friends from all around the world. I am very fortunate to have amazing parents who have given up so much to help me achieve everything I have.

**Irish Dancing – a parent’s view**  
**By Ann-Marie Conway, Parent**

Mary has been dancing since she was five years old. Coming from an Irish family, where traditional music has always been a feature, it was not a surprise that she enjoyed the dancing so much. For the first few years she attended a weekly class in Leigh and enjoyed learning new dances and steps. It wasn’t long before she quickly developed a passion for Irish dancing and one class a week moved up to two, then three and then came competitions in the Southern England region. She worked hard, had disappointments when competitions didn’t go as she’d hoped but the love of dancing never ceased, and she carried on.

Mary now spends the majority of her free time involved in dancing, whether at classes, workshops, competing, performing at displays or assisting with fundraising activities to support travel to international events. Mary and her friends work hard at their passion, training a minimum of 10 hours a week at classes in Essex and Kent. This keeps them busy and fit – Irish dancing is an athletic sport with an emphasis on cardio and strength. Mary spends on average two weekends every month competing in either regional competitions (across Southern England) or national and international events. Since August, Mary has travelled to Southport, Nottingham, London, Buckinghamshire, Glasgow and Brighton to compete on behalf of her Dance School, in a range of competitions including the British Nationals, All Scotslands and the Great Britain Irish Dancing Championships. She loves competing and is proud to represent her school, McGahan Lees Academy.

For me however, the real benefits of dancing are probably the aspects that cannot be seen. I am delighted that she is happy and busy; but the skills dancing has taught her including resilience, teamwork, time management, strong work ethic and leadership skills means that I can see many benefits beyond dancing that will carry her into her adult life. She travels, meets, competes and trains with people from all over the world, its great fun for her and for me as a parent, it’s a privilege to see
her and other talented young people dance and get to know other parents. Mary has qualified for & competed at the prestigious World Championships for the last three years. She has already qualified to represent Southern Region – England for 2019 and will travel to North Carolina, USA next Easter. See www.mcgahanlees.com for further information on Mary’s Dance School.

PRACTICAL HELP FOR THE HOMELESS AT CHRISTMAS
By Lucy Mills, Year 11

Just before Christmas last year my Mum and I were invited to join a group of people that help the homeless in London every year. We joined everyone in Upminster and took the train to Fenchurch Street. There we met up with the van which was full of supplies that had been donated to the charity. This included bedding mats, sleeping bags, socks, coffee shop gift cards and dog treats. Charlie, the lady co-ordinating the trip, made up Christmas parcels for male and female homeless people and wrote out Christmas cards that could be given out. We all grabbed as many of the supplies as we could and headed off towards Tower Hill where we met our first homeless man. He was an ex-soldier and had a dog with him which he had saved from being put to sleep. We gave him his Christmas parcel and a pack of treats for his dog. We spent some time talking to him, wished him a Merry Christmas and headed towards Covent Garden and Trafalgar Square. In Covent Garden we found a group of four homeless people each of which received Christmas parcels and cards. One of the men had a “pet” pigeon who seemed quite happy to sit on his sleeping bag. We managed to give out most of the parcels to the homeless people in London. It is unbelievable how many there are. The most moving moment was when we gave a Christmas parcel to a homeless man who was so grateful to find someone that cared that he cried when he received his Christmas card. I found this day very rewarding and felt that Charlie and her friends do such a wonderful job throughout the year to help London’s homeless. My Mum and I are hoping to join them again this year.
EXCITEMENT FOR YEAR 7 – NEW BOOKS ON THE WAY
By Mrs Morris, School Librarian

As part of the Saint Bernard’s High School literacy campaign, we work with the Book Trust, which supports schools by encouraging reading for pleasure and celebrating independent choice.

Year 7 students have already made their choice from a varied list of publications from the ‘Bookbuzz’ programme and are now looking forward to delivery of their chosen ‘free’ book, in the next couple of weeks.

TO APP OR NOT TO APP, THAT IS THE QUESTION
By Mr P. Walls, Assistant Head Teacher

I would like to encourage all parents & carers who have a smartphone to download School Gateway from your app store (Android and iPhone). This is important because we will be able to communicate with you more quickly & efficiently. It will also save the school money. The school would prefer to communicate via the app rather than by text because sending texts costs money and we would prefer to spend the additional money directly on students. Sending a message through the app costs nothing. The app shows the same information as the website and enables you to message the school for free. You will, for example, be able to view the following: Attendance, Lesson timetable, Your contact details, School details & Student details. You can also access Parentpay to make payments for lunches and trips. At present, 17% of parents have accessed the School Gateway app. Please encourage others to do the same.

App messages cost nothing to send so using the app helps your school save money by cutting down on bulk texts and printing.
The day began with over 20 Sixth Form Art & Graphics students sitting around the edges of the art room, along with a life model & our instructor from the Royal Academy. The atmosphere was quite relaxed and this created a productive working environment for everyone. Our tasks involved large pieces of paper & the use of charcoal, with a variety of chalks.

The first task was to simply draw the figure of the life model’s pose in charcoal; once we had all done this we were given tips on how we should focus on constantly observing the figure and only making marks on the page when we have seen something. This is a skill that was essential to the rest of the day and probably the key learning that I will take away from this experience, as it proves invaluable in drawing any still life object or figure.

We then began to experiment with two different colours (one being lighter than the other, as instructed) and looked at how the human body pressed against the mat and how it can be conveyed through shading.
and blending. We also looked at how light reflects off and helps to create the form of the body. I found these different methods to be refreshing to use because they pushed us out of our comfort zone, but I was satisfied with how they turned out because I like creating abstract images. At certain points we would be asked to vote for someone’s work and the people with the most votes would be hung up around the room and analysed by the instructor, (me getting the hefty total of 4 votes on one piece). This meant that our work was constantly getting feedback from the instructor as well as our peers.

The part that I most enjoyed was the final part of the session when we had to work on placing the figures into a location and looking at multiple figures in the same image. This made for the most interesting images from the students and was the most fun to work on in my opinion. We could experiment with scale and colours to create a realistic image or an abstract image; the session provided a large variety of these two. Overall, it was a good experience and I have learnt different ways to approach a human figure in terms of form, shadow and shape.

**PE NEWS**

*By Miss McGlashon & the PE Team*

**Borough Cross-Country Highlights:**
Year 7: Charley Dench 12th place; Year 7 Team: 5th Overall; Year 8: Katie Lane 16th place; Year 9: Grace Holmes 4th place, Bethany Dench 15th place; Year 9 Team: 5th Overall; Year 10: Ciara Martin 19th place; Year 12: Grace Ralston 3rd place

**Cycling News:**
Katie-Ann Elliston has just broken and now holds the UK National Junior Record for the 30 mile time trial. Congratulations to her. Well done, Katie-Ann!

**Netball News:**
Year 7 Netball won against Thorpe Hall; Year 8 Netball lost narrowly against Thorpe Hall (by 1 goal) and Shoebury & Year 9 Netball lost to Shoebury.
MONDAY THE 3RD DECEMBER, AND FIVE YEAR TWELVE STUDENTS PLUS AN EQUALLY EXCITED MRS. BELL SIT ANXIOUSLY IN THE RECEPTION OF OUR LADY OF LOURDES. AFTER BEING SHOWN TO OUR PERFORMANCE SPACE, WE SET OUR PROPS, AWAITING OUR KEEN AUDIENCE - YEAR FOUR. GIVEN THAT OUR TARGET AUDIENCE WERE EIGHT TO NINE-YEAR-OLD CHILDREN, AN ENORMITY OF EXCITEMENT AND ENERGY WAS REQUIRED AND ALL OF US, INCLUDING MRS. BELL, JUMPED JOYOUSLY AROUND THE PRIMARY SCHOOL HALL Whilst RECITING QUICKLY, KEY MOMENTS OF IMPORTANCE IN OUR DEVISED PIECE.

OUR CHOSEN PRACTITIONER WAS BRECHT & WE WANTED TO ENSURE OUR KEY MESSAGES ABOUT ROAD SAFETY WERE ARTICULATED & UNDERSTOOD. OUR PIECE WAS A THEATRE IN EDUCATION PERFORMANCE & WE WERE COMMUNICATING IN A GROTESQUELY ECCENTRIC, CAPTIVATING WAY, WHERE WE OFTEN ADDRESSED THE AUDIENCE AND EVEN MANAGED TO DRESS UP ONE OF THE TEACHERS IN BALL BALLS, TINSEL AND OTHER TRADITIONALLY TACKY TREE TRIMMINGS FOR OUR #CHRISTMASTREESELFIE.

WE ALSO INCORPORATED THE SIGNIFICANT MESSAGE OF ANTI-BULLING AS WELL AS THE LAWS REGARDING SEATBELTS, CAR SEATS AND THE USE OF MOBILE DEVICES WHILE DRIVING, AS WE FELT THESE ISSUES ARE STILL PROBLEMATIC TODAY. Whilst we effectively engaged our target audience through references to the infamous Jojo Siwa (if you don’t know of her then google ‘15-year-old girl impersonating a glittery toddler’) & of course, how could we not, the frequented reference to Fortnite; we even discovered that a surprisingly similar analogy to help explain to children the green cross code, was easily relatable to the opening of this popular video game.

And so, with this recipe, we cooked up an exciting and liberating performance which was not only Christmas themed, and featured the top five all-time favourites Christmas charts, but our piece educated and informed the children in an emotionally engaging manner.

We left the primary school feeling festive and proud, as the children answered our key questions with direct quotations from our performance, as well as the most memorable comment from a girl in the back row, “You should never worry about what other people think.”

This answered a question about important messages in the piece, most notably the teasing of the main character, Frankie, for being perceived as an intelligent and confident young girl. And so, we felt we had fulfilled our purpose in inspiring the young children to stay safe near the road and stay true to who they are - both essential messages young people should be taught through education. What better way to learn than through the excitement of theatre?
On 23rd November we hosted a Charity Bake Sale/lucky dip in aid of Cancer Research, which raised just over £80. We advertised the event by going around the different classes at form time and we put up handmade posters around the school. There was a lot of planning, but it was worth it because it meant a great deal to be doing something for others. Thank you so much to everyone that helped by baking or bringing in sweets for sale; we wouldn’t have been able to do it without all the help and support. We would like to convey a special thank you to the Food Technology Department for their help with the milkshakes! We would also like to thank the Premises Team for getting the tables out for us.

SPORTS & DoE AWARDS EVENING
By Emma Harris, Year 11

It was once again the time when we celebrated the achievements of the students from both the challenge of DoE and the year-long commitment of Sports. Family & friends waited as Miss McGlashon announced the name of every student who had dedicated their time and earned the award for Sports. Mrs Clancy then announced the names of those who had achieved a DoE Award. Every year there is a special Guest Speaker, this time it was a Paralympian who lost her arm at a very young age and faced continual discrimination. Yet, JoJo Cranfields’ dedication to her love of swimming kept her going and she has won many awards. She is a true inspiration to us all.

CHRISTMAS CARD COMPETITION
By Mr M. Galton, Head of ART

I have the tremendous pleasure to announce that this year’s winner of the St. Bernard’s Christmas card is Anastasia Fartan. Anastasia came top because of her excellent drawing skills, which were really challenged in recording the religious scene of the birth of Jesus. She has made good use of gold pen to add pattern and decoration to the image. Whilst there were many strong competitors, the care and attention to detail that had been made in the creation of this card meant that it was a clear winner.
In our recent PSHE lesson we had a visit from the local Road Safety Officer. We learnt the following things.

*Safe today Alive tomorrow*

Almost every day we witness busy roads reckless drivers and impatient pedestrian; however, it is not about what the people around us are doing, if we are care free, unfocused and not abiding by the rules of the road we can end up not only hurting ourselves but hurting others. Despite many of us following the correct rules, others do put them in danger, so if you are at a zebra crossing, wait for the car to stop before you cross because you never know what is going through the driver’s mind.

*The three rules of the road*

**Guidance:** On the road, never take careless risks - so if you are about to go down a dark alleyway late evening stop and think! Is it safe?

**Warning:** If you find someone is suspiciously walking behind you quicken your pace, but don’t run as you may slip and fall into the road.

**Regulation:** Control your emotions, focus on the road & regulate your behaviour, especially in front of your friends.

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**Imagine**

Excruciating pain through your body
Confusion ripping through your brain
You blacked out screaming
Help me
She’s driving you insane
Her presence is like cold ice on a snowy day
Like a stab through your chest
Like a bleeding aching scream’s
Ignored by the rest
Your lying on the stone -cold floor a woman screaming call 999
You give up your weak your useless
You’re getting ready to die
But what happens to my mum and dad
Siblings my family and friends would my foolishness cost me my life
And to who does this sadness extend
I wish I had looked before I rushed
One thing that I would change
My leg is crippled my eyes are black
But only I can take the blame

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**ADMISSIONS ARRANGEMENTS**

*By School Admissions Team, Southend-on-Sea Borough Council*

The admission authorities across the borough are consulting on their admission arrangements for admission in 2020. The following schools are currently consulting: Bournes Green Infant School; The Eastwood Academy; Southend High School for Boys; Southend High School for Girls; St Helen’s Catholic Primary School; St Mary’s, Prittlewell, CoE, Primary School; The Deanes High School; Westcliff High School for Boys; Westcliff High school for Girls.

Please visit their website to view the proposal and respond if you wish. Further schools may be consulting & parents can check on respective schools’ web sites.
THE USE OF PLASTIC
By Mrs J. Krone, School Business Manager

The community that is St Bernard’s High School has always had a regard to the world in which it lives and part of this has been a concern for ensuring good use of resources and recycling. Since I joined in 2010 we have engaged with a student led programme in energy saving; installing water hippos; a SALIX funded programme to install LED lighting and PIR’s (units that turn off lights when area or room is empty) and choosing a refuse collection company that allowed the greatest opportunity to recycle our waste and allowed the installation of recycle bins throughout the school. Following David Attenborough’s series, The Blue Planet, we looked again at our use of plastic within our catering facility. As students can choose to eat both inside and out it is not practical to just use standard crockery and cutlery and we have historically used polystyrene trays and containers and plastic utensils. During this year we have been experimenting with other containers and are currently trying out biodegradable bamboo-based cutlery and waxed card containers.

There is balance between the competing elements of cost (the price of the containers), time (to wash up or not to wash up) and the outcomes, how the container adds to the ease and pleasure of eating the food and the amount of waste generated and the cost of its disposal and impact on the environment.

In the year of Stewardship the use of plastic at the school will be an important consideration for us. The best outcomes will result from all being involved, both in putting forward further ideas to consider, being supportive of the trialling of ideas and responsive in giving feedback.

JACK PETCHEY NEWS
By Mr P. Walls, Assistant Head Teacher

Once again, the Jack Petchey Award goes from strength to strength allowing us to celebrate the good works, deeds & talents of our youngsters. Here are some recent winners of the Jack Petchey Award. Winning students, are a testament to many who give so freely of their time and energy, demonstrating the flawed media image of youngsters.

“She is always nice to me...I have never heard her be rude to anyone.” This Year 9 student was nominated by her peers for her kindness towards others. Despite being shy and quiet, she consistently helps those in need. A hard-working and organised student, showing real determination in her lessons. She supports other students in their learning too! Her grant was spent on equipment for the Duke of Edinburgh (4 new ruck-sacks).

Despite serious ill-health issues, this Year 9 student is the recipient for the November Award. She has continuously pushed herself. After a period of hospitalisation and learning to cope with taking medicines she has just ‘got on with it’. She was as keen as mustard to get back to school, doing so two days after coming out of hospital. Put simply, she has a ‘get up and go’ mentality and this inspires her peers. She is back doing tap-dancing, ballet and sea scouts and is looking forward to the ski-trip next year and the Duke of Edinburgh Award!
She will not allow her medical condition to define her in any way. She is, indeed, a very brave & inspirational young lady. Her grant will be split between (a) the part-funding of the Year 10 public speaking training event, (b) the part-funding of the Sports & D of E Award Celebration & (c) resources for the whole school production of the Passion Play later this academic year.

LEADERSHIP AWARD FOR STAFF

The Jack Petchey Foundation also run The Leader Award. This is a special award for young people to thank and celebrate the adults who support them. The Award enables young people to honour the dedication and commitment of staff and volunteers, particularly those who have contributed ‘above & beyond’. This can be any member of staff, irrespective of role. I believe this scheme to be a lovely way to share, celebrate and acknowledge all the great work by staff that goes on at St. Bernard’s all the time.

The Head Student, Cat Thomas & the Activities Lead, Billy Piercy are co-ordinating this award & aiming for a result by mid-January. They will be promoting the award in assemblies and through email. The Leadership Award is not designed to be like a competition, so ‘Suggestion Boxes’ for students & staff are being used. Look out for them in the Staff Room and Reception.

We aim to have the ENTIRE school community engage with this scheme.

DOE & SPORTS AWARDS EVENING – DOE

By Mrs S. Clancy

This year’s Awards were very well attended reflecting the hard work and dedication of both the students and staff. 51 Bronze Award certificates were presented. Twenty-five students remain from last year’s Bronze group to complete their Award. They are three-quarters of the way there and just need to add the evidence for the final section to complete this. (A Christmas holiday job perhaps?)

Nine students from last year’s Silver group have completed their Award and will receive an invitation to collect this in February/March. Fifteen more have just to complete their EDoF by the end of December in order to receive their invitation to the presentations at the Civic Centre.

Four students completed their Gold DoE over the year and have been to the Palace to receive their Awards. It was a great shame that all
these students were away at University and unable to join us on the night to receive our congratulations. Two more are in the process of completing their Gold Awards and will soon be invited to the Palace to collect their certificates.

Each year I thank the staff who support the DoE at the school. These people give up two hours every Thursday night to support Bronze participants through training and up to 24 days of their own time to support expeditions. The students at St Bernard’s are very fortunate to have such dedicated staff with the expertise to takes groups all the way through to Gold level. At the presentations I pointed out to the students how fortunate they were to be on the receiving end of such high-quality training. When a student completes a DoE Award with St Bernard’s they have achieved something really worth-while.

THE GREAT GATSBY: IMMERSIVE THEATRE PRODUCTION

On Wednesday 12th December, my fellow A-level Theatre Studies students and I were fortunate enough to experience The Great Gatsby immersive theatre production in London. From the moment we entered the building, we were thrown into an extravagant world of 1920s jazz and excess. Audience members were doing the Charleston with the actors and it was difficult to differentiate the two. A Guild of Misrule’s adaptation of F. Scott Fitzgerald’s novel, the production allows audience members to interact with the characters and the environment around them, literally immersing themselves in the classic tale. Non-participation is impossible as you are whisked away to different aspects of the story, not simply to watch the tale unfold but to help it unfold. At one point, two other students and I were fortunate enough to be enlisted to help Mr. Gatsby on his quest to be reunited with ‘Daisy’, and I was even pulled away from the crowd to help another character make her escape. I must add that the actors were incredible, able to work with whatever was thrown at them, and able to bring these renowned characters and their situations to life. It is impossible to not get wrapped up in the atmosphere, especially with the jazz music, opulent surroundings, and ambient lighting. My own experience contrasted with other audience members who participated in other scenes, gaining different insights into the storyline and the characters’ motivations. It is a truly unforgettable experience and the world of theatre will never be the same. I highly recommend it.
The main points from the recent Ski Trip meeting were:

- Bags are to be dropped in A2 on the morning of departure; students must be able to carry their own luggage.
- We depart at lunchtime on the 15th February; students should plan to have a hot meal in the canteen on that day and pack sensible meals for dinner and breakfast on board the coach.
- Students are recommended to bring a maximum of 50 euros as spending money.
- Parents will be kept in contact whilst on the trip via email.
- Passports and EHIC cards to be brought in by Jan 31st.
- No mobile phones and no internet to be accessed on other devices.
- Speak to Miss James to find out more about clothing and beginner lessons.
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<td>03/01/2019</td>
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<td>YR 10 &amp; YR 12 Work Experience</td>
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<td>Parent Meeting: 7pm – 8.30pm</td>
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<td>YR 9 Curriculum Information (Options) Evening: 6.00 – 8.00pm</td>
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<td>YRS 10-13 Parent Information Evening – Supporting Students with Exams – 6.00pm – 7.00pm</td>
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